

ADENOIDECTOMY/ADENOIDOTOMY

1. **Definition:**

Removal of lymphoid tissue from nasopharynx

2. **Indications:**

1. Symptomatic adenoids
2. Nasal obstruction
3. Snoring
4. Ear symptoms
5. Recurrent URTI
6. Associated speech problems

3. **Pre-operative Assessment**

4. **Method/Operative Technique**

1. GA
2. Access: tonsil position, tonsil gag
3. Inspection
4. Appropriate instrumentation
5. Haemostasis
6. Postoperative management: observation, recordings and analgesia

5. **Information/Consent**

1. Written (recommended)
2. Individualised (recommended)
3. Signed (recommended by patient and doctor)
4. Informed (recommended written documentation)

Complications

1. Bleeding
2. Anaesthesia
3. Rhinolalia aperta
4. Aspiration
5. Torticollis
6. Dental problems
7. Special risk patients i.e. (Down' s (atlanto-occipital dislocation)

6. **Outcome Measures**

1. Subjective relief of symptoms
2. Objective: none